## Consumer Endorsement of PAFRA NDIS Submission to the Joint Standing Committee Inquiry about Current Scheme Implementation and Forecasting for the NDIS

The PAFRA submission to the Joint Standing Committee Inquiry about Current Scheme Implementation and Forecasting for the NDIS was provided to the PAFRA Consumer Advisory Group for comment in March 2022. This group endorsed the brief as being comprehensive and valuable. They also made the following additional comments:

- Parents face an administrative burden from having to continually advocate for supports. This is very stressful for parents and diminishes parental wellbeing.
- The lack of clarity as to which supports are useful and how to access quality supports adds to parents' sense of "overwhelm".
- Developmental disability requires life-long support with care/parenting needs shifting along the
  developmental trajectory of the child. There may be certain developmental and transition
  periods where parents/carers may benefit from tailored supports (e.g., adolescence).
- Parenting support may also achieve indirect cost-savings through reduced improved mental health of parents and reduced need for mental health services/financial support.
- It is a priority for the New South Wales state government to support parents aren carers back into the workforce.
- Mothers and female carers may be disproportionally affected by the lack of access to evidence-based parenting supports.